

# Slow down the ageing process

**P**EOPLE can roughly guess our age based on our appearance. This is because as we age, so does our skin.

Fine lines are among the many dilemmas we face when it comes to dealing with our skin texture. Fret no more with the scientifically proven Murad's Day Reform and Night Reform Therapies.

While getting older is inevitable, whether or not your skin shows age is completely negotiable. The good news too is that much of what we perceive as skin ageing is, in fact, caused by environmental damage that can be treated and prevented.

Exposure to the sun (leading to photo-ageing or photo-damage) is but one contributing factor. Your history of exposure to pollution, cigarettes, alcohol, drugs, pesticides, toxins and internal stress also contribute to environmental damage.

The best-case scenario, of course, is to avoid environmental damage to begin with. But no matter how diligent you may have been throughout your lifetime, a certain degree of skin damage is inevitable.

The symptoms of skin damage include dry and dull, fine lines, deep creases and sagging, large pores, age spots and uneven discoloration and many more.

The causes are many, whether it is genetically influenced,



Murad's Day Reform and Night Reform Treatments help strengthen the skin's barrier, thus reducing water loss, environmental damage and signs of ageing.

whereby your own body's internal time clock determines how your skin, and your supporting facial structure beneath, will look over time, or perhaps due to extrinsic ageing, which is environmental damage caused by repeated exposure to the sun, pollution, toxins and smoke. It could also

be due to poor health.

Day Reform Treatment contains Tahitian noni extract, which works as an antioxidant and has hydrating ingredients that help to protect, calm and revitalise your skin.

The red tree extract also provides antioxidant benefits, while

raspberry seed oil, Omega-3 oil, helps reduce water loss by protecting the skin barrier and increasing moisture retention and protecting your skin from further damage during the day.

"We are among the first few skincare companies that uses tannic acid in Day Reform

Treatment. Tannic acid helps strengthen the skin's barrier, thus reducing water loss, environmental damage and signs of ageing," says Dr Murad, dermatologist, CEO and founder of Murad Inc.

Night Reform Treatment features Dr Murad's signature glycolic acid formulation to exfoliate excess dead skin build-up to reveal fresh new skin underneath while oat beta glucan aids in skin firming. Sloughing away this dulling top layer improves hydration and enables skin to be more receptive to therapeutic ingredients. These non-surgical solutions help the skin look and feel younger.

While plant-derived ceramides replenish moisture, other antioxidants such as grapeseed extract, Vitamin A and Vitamin C protect against free-radical damage. Allow your skin to function at its highest level, with firmer, more resilient skin today with Day Reform Treatment and restore vitality to your skin while you sleep with Night Reform Treatment.

Murad Inc was founded in 1989 by Howard Murad, M.D., one of the world's foremost authorities on skin health and a pioneer of the clinical skincare movement.

> For details, call the Info line 1-300-88-8826, e-mail [info@cnbeauty.com.my](mailto:info@cnbeauty.com.my) or visit [www.cnbeauty.com.my](http://www.cnbeauty.com.my).



# May

Experience May. Experience the balance in you.

Let May balance your outer beauty with your inner beauty.

Synchronising the beautifying benefits of natural ingredients with mood enhancing fragrances,

May's shower range nurtures your outer body and inner senses to promote an overall sense of wellness.

## CLEAN

OUTSIDE

May cleans gently, infusing a harmonious blend of skin-caring ingredients which purifies your body to reveal your outer beauty: skin at its natural best - moisturised, revitalised, radiant and velvety-smooth.

## BEAUTIFUL

INSIDE

May enhances your outer beauty to bring out your inner beauty. With an array of variants to suit your desired moods - Pleasure, Calming, Awaken, Serene, or White Radiance, each unique delicate fragrance enriches your senses and emotional well-being, bringing out the inner beauty within you. Shower your way to your desired mood today and experience the balance with May.

